

Join your session in 4 steps!

1

Open your preferred browser

From your device (with camera and microphone), open your browser.



Android



iOS



PC e MAC

For the best experience, we recommend using Google Chrome.

2

Click on the session link

Click or copy and paste the link you received via email or SMS from your therapist into your browser's address bar and press Enter.

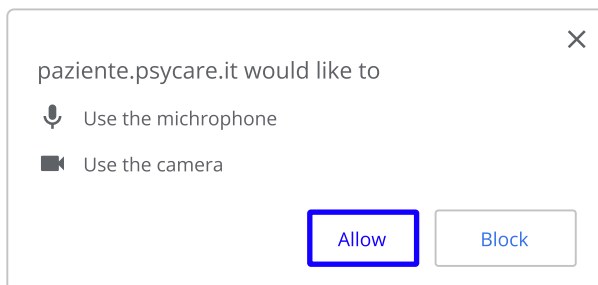
 https://paste_here_the_session_link

Don't know how? [Segui questa guida.](#)

3

Enable camera and microphone

If requested, allow the browser to access your camera and microphone.



4

You are in your virtual waiting room

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 **REQUEST TO JOIN**

✦ TIPS FOR A GOOD SESSION

- Make sure your device is charged
- Ensure you have a good internet connection and Wi-Fi signal
- Close any other video call apps before opening PsyCare (Skype, Google Meet, Zoom, etc.)
- Be in a well-lit environment and use headphones with a microphone for better audio

🔗 NEED SUPPORT?

Contact us at
help@psyicare.it or via
website chat